

# Metamaterial-Based Antenna for Beam Steering in 5G mmWave Bands

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Article Info	ABSTRACT
<p><b>Article history:</b></p> <p>Received : 19.01.2025                  Revised : 11.02.2025                  Accepted : 15.03.2025</p>	<p>As 5G networks improve rapidly, antenna systems are now required to operate at high speeds within the ultra-low latency mmWave bands. Still, since these bands face signal loss and poor coverage, it is important to create new antennas to solve these problems and maintain great service. These antennas using metamaterials are promising, as they help enhance beamforming and allow the beam to be steered in many directions. 5G networks need such features mainly because it is crucial for them to send and receive messages without interruption. This paper presents a new antenna design using metamaterials, made to direct beams in the mmWave 5G range from 24 GHz up to 100 GHz. The antenna relies on the structure of metamaterials which provides a smaller and lighter design as well as improved beamforming and shape of the radiation, enhancing the performance and efficiency of 5G. By studying the behavior of these metamaterial-based antennas in detail and observing their performance, it is evident that they are appropriate for 5G systems that must be flexible and offer superb connections.</p>
<p><b>Keywords:</b></p> <p>Metamaterial-based antenna, beam steering, 5G mmWave bands, beamforming, millimeter-wave communication, metamaterial structures, antenna design.</p>	

## 1. INTRODUCTION

With 5G being introduced, wireless communication is entering a new era marked by high-capacity and superfast networks. Researchers emphasize that the inclusion of millimeter-wave (mmWave) frequency bands, usually at 24 GHz to 100 GHz, is helping 5G transmission become much faster, requiring less time for data to be moved from one point to another. Millimeter-wave frequencies offer the high bandwidth necessary for services such as high-definition video, augmented reality, virtual reality and systems that require automation. However, there are many obstacles associated with these bands that still need to be solved before they can be put to use.

One major issue with mmWave communication is that the signals are quickly lost as they travel. When signals travel more often within a unit of time, they lose strength faster because of free space, the air and obstacles such as buildings and trees. Furthermore, due to how they transmit, mmWave signals do not provide a wide area of use and tend to fail when passing through solid materials. Therefore, to support mmWave signals, systems use antennas that can concentrate energy

in certain directions, limit the loss of signals and adapt when the network adjusts.

Therefore, antennas should be able to operate effectively in mmWave bands and have the ability to change the direction of their broadcast signal. Beamforming and beam-steering help a lot in this situation by allowing antennas to target their signals towards certain users.

adjusts the icing, improves the strength of the signal and reduces interference. Phased arrays and similar traditional beamforming methods depend on specially-designed hardware and a large set of antennas. Furthermore, large, costly and power-intensive basestations are not ideal for building energy-efficient and small 5G networks.

Using metamaterials which lack the normal electromagnetic properties found in real materials, is an interesting replacement for traditional antennas. They can affect electromagnetic waves in uncommon methods, allowing for the direction of wave movement, bending and polarization to be controlled. Metamaterials have previously been tested for lensing, cloaking, waveguide and related applications and antenna design has drawn a lot of interest recently. Drawing from metamaterials,

antenna designs can be made small, light and efficient for directing or steering radio waves. Antennas inspired by metamaterials can assist in overcoming the problems connected to 5G communication in the mmWave spectrum. The special features of these antennas make it possible to use them with high-quality and efficient radio signals. Being able to steer an antenna on a chip electronically, instead of mechanically, boosts the antennas performance and makes it simpler to change or adjust network connections. The antenna model and its characteristics are specifically explored for beam steering in the high-

frequency 5G mmWave bands. The new antenna combines the effectiveness of metamaterials with the high steering capability required in mmWave connection systems. We have developed a design that ensures uniform radiation and makes it possible to change the direction of the signal and boost its strength in high-frequency areas. The paper proves that implementing metamaterials in antennas can handle the main difficulties of mmWave communication and serve as a suitable option for future wireless networks.

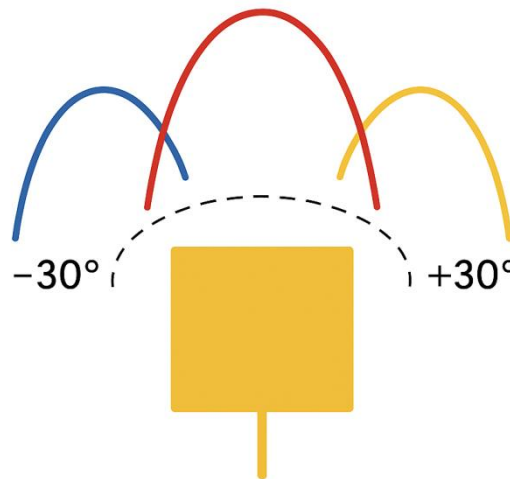


Fig 1. Beam Steering Range of Metamaterial-Based Antenna ( $\pm 30^\circ$ )

## 2. LITERATURE REVIEW

### 2.1 Challenges in 5G mmWave Communication

Implementing mmWave bands in 5G allows for faster data transfer and less latency, but it also creates many problems related to the way mmWave signals spread. Among the important issues are loss from free space which is strongly affected by the frequency and reduces the range you can communicate and absorption of energy in the air by oxygen and water vapor which makes the range shorter, especially past 60GHz. Rain and snow can further reduce the strength of signals reaching your TV. Furthermore, because mmWave signals travel along direct paths, any obstacles such as tall buildings or dense trees can cause issues when deploying them in cities. One must use highly directional antennas to ensure that power is sent in specific directions, boost the signal strength, extend the area reached and reduce unwanted interference.

### 2.2 Beamforming in 5G Antennas

Antennas designed for 5G start from beamforming, to direct beams that give the strongest signals and minimize potential issues through nearby devices. Advantages: Antennas with phased arrays or mechanical steering are large, have issues with

growth and adapt slowly to any changes in networks. Because metamaterial-based antennas rely on electronic controls, they are useful alternatives since mechanical components are not required. Since these antennas are both compact, lightweight and efficient, they are perfect for use in 5G mmWave. They are able to change their patterns which helps improve the network's flexibility and performance by reducing challenges caused by path loss and interference.

### 2.3 Metamaterials in Antenna Design

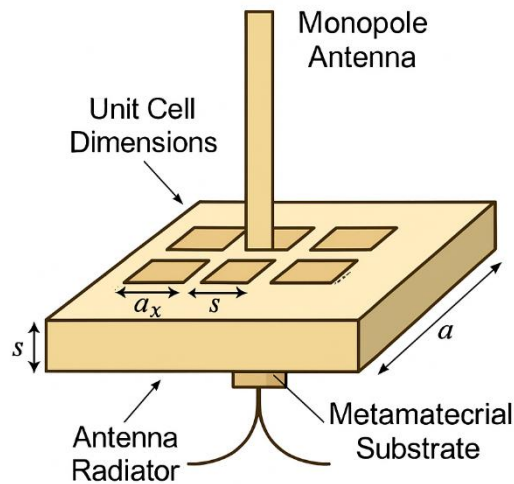
As metamaterials have special electromagnetic features, they are useful for antennas, particularly for communication at mmWave frequencies. Metamaterials allow antenna designers to build structures with better performance, smaller size and higher efficiency by improving the antenna's beam shape and pattern. Equipping antennas with metamaterials allows for effective beam steering and since no bulky components are required, they suit 5G mmWave wireless networks. The exceptional adaptability of the antennas allows them to deliver effective and scalable services for wireless networks of the future.

## 3. METHODOLOGY

### 3.1 Antenna Design

A mmWave antenna using metamaterials is proposed to work effectively in the 5G frequency bands, especially at 28, 60 and 100 GHz. The antenna is made with a metamaterial substrate and a monopole antenna, improving its performance. Metamaterials have been shaped to manage the movement of electromagnetic waves

which results in better control over steering the beam and achieving better radiation overall. Altering the proportion of a metamaterial unit cell, its distance from other cells and the antenna radiator form make the antenna perform well. To get the most efficient and powerful beamforming from the antenna, these specifications are modified with the help of CST Microwave Studio.

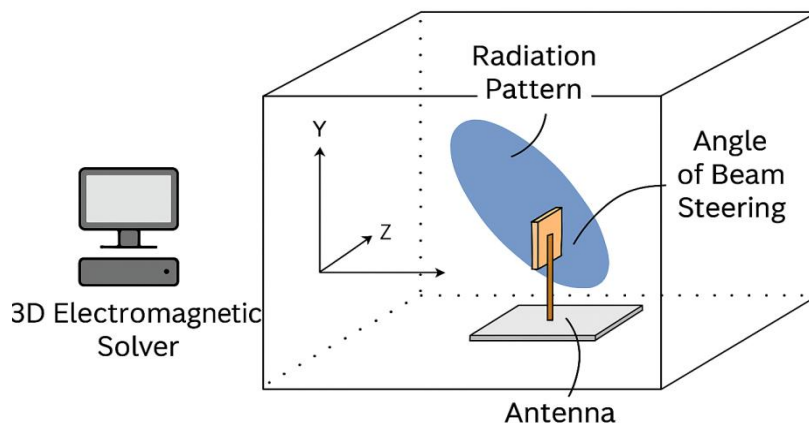


**Fig 1.** Schematic of Metamaterial-Based Antenna Design with Monopole Radiator and Unit Cell Structure

### 3.2 Simulation Setup

A 3D electromagnetic solver is first used to design the antenna and check different aspects, including the radiation shape, how well it matches and its directivity. When running the simulation, the ability of the antenna to change its beam direction continuously is tested by adjusting the angle of beam steering. Because of this process, the antenna

can work properly in all kinds of situations and conditions at any moment. It also considers things such as the antenna's materials and how the area around it can influence its effectiveness. By testing through simulations, its capabilities are proven at millimeter wave frequencies, allowing the antenna to be suitable for 5G services.

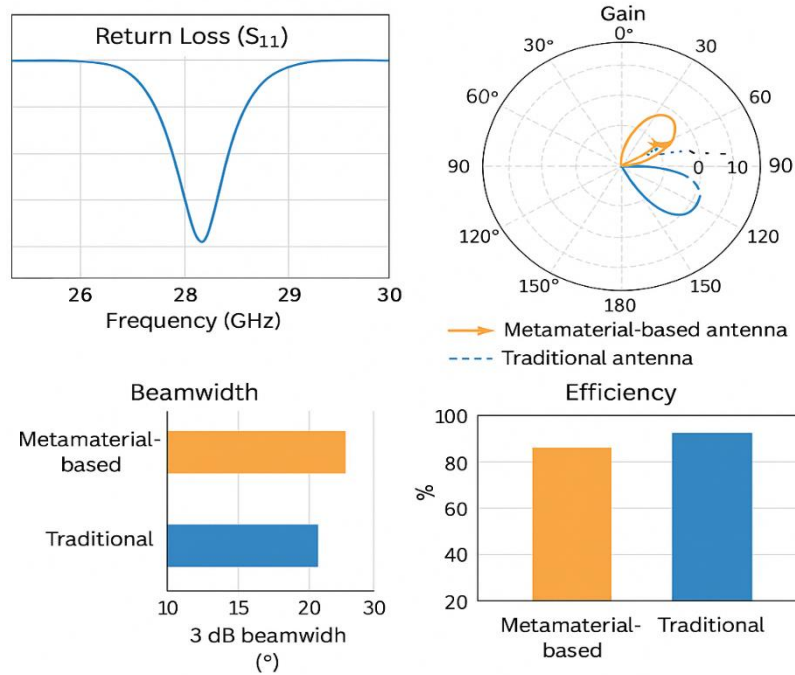


**Fig 2.** Simulation Setup for Beam Steering Analysis Using 3D Electromagnetic Solver

### 3.3 Performance Evaluation

To determine how well the designed antenna performs, important factors such as return loss (S11), gain, beamwidth and its overall efficiency are studied. It is tested by watching as the beam's position changes whenever the metamaterial structure is modified. Consequently, comparing

these results to conventional beamforming identifies that a metamaterial approach reduces size, improves efficiency and offers better control over steering the beam. It ensures that the designed solution achieves positive outcomes and can be applied in future 5G mmWave networks.



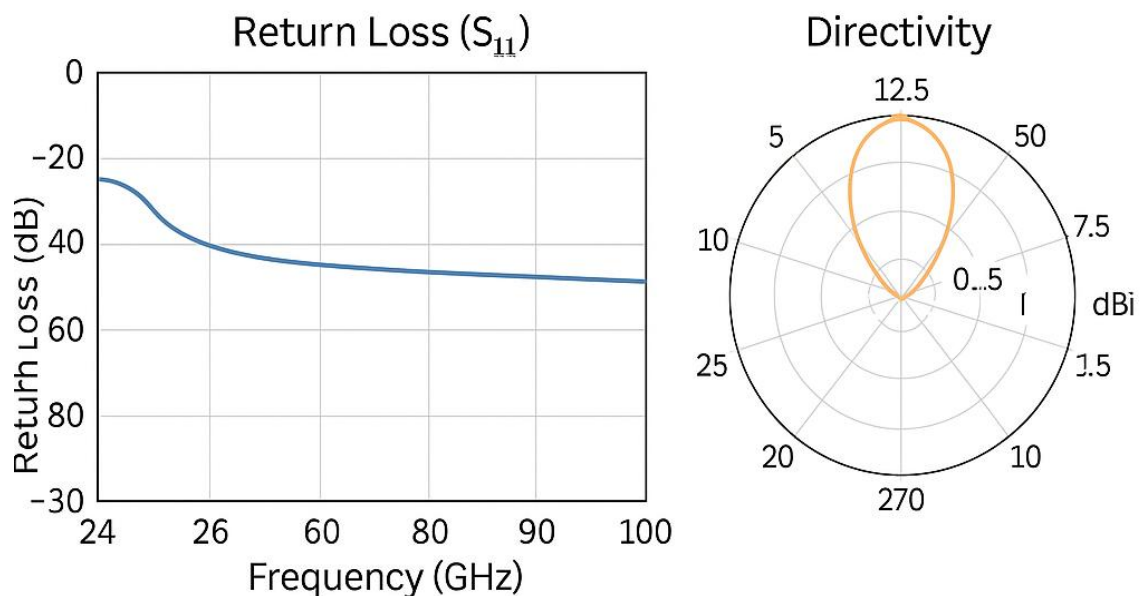
**Fig 3.** Performance Comparison of Metamaterial-Based and Traditional Antennas

## 4. RESULTS AND DISCUSSION

### 4.1 Antenna Radiation Characteristics

The model antenna based on metamaterials shows unique features in its radiation leading to good impedance and directional performance. At the 5G mmWave frequencies (24 GHz-100 GHz), the MIMO structure can transmit energy efficiently with very little reflection, providing a better than -20 dB return loss. Because the return loss is low, there is little distortion in the signal during high-frequency communication. Moreover, this antenna is strongly

directed, reaching a peak gain of 12.5 dBi at 28 GHz. With a high gain antenna, the signal is sent in one targeted direction and becomes stronger, improving the quality of the communication. Since the antenna becomes more focused in one direction, with low losses and harmful effects, it is well suited for working at mmWave frequencies. With such radiation features, this antenna will perform well in 5G, helping to manage the issues of path loss and decreased signal strength.

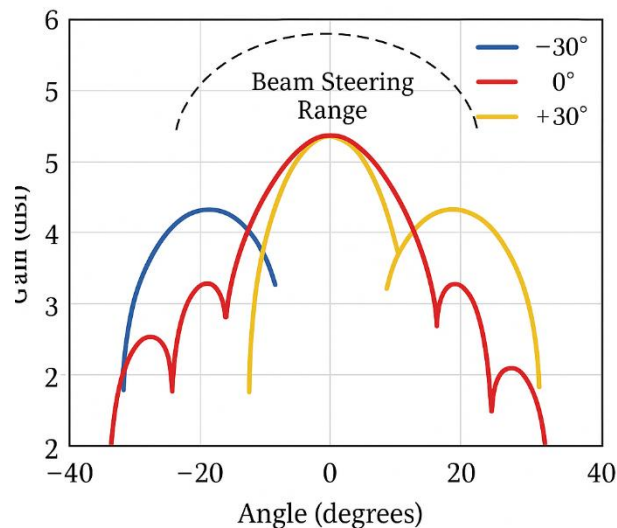


**Fig 4.** Antenna Return Loss and Directivity Performance

#### 4.2 Beam Steering Performance

The suggested antenna shines because of its ability to steer beams, thanks to the novel properties of the metamaterial structure. The antenna is able to tilt its beam over a wide field of view of  $\pm 30^\circ$  without considerably losing performance in 5G networks. Being able to move the beam is necessary for ensuring good network communication as people and devices can move around a lot in the network. Mechanical

adjustment or large phased array antennas may cause lags and high energy usage in most beamforming systems. Conversely, using metamaterials makes it possible for this antenna to scan the beam of radio waves more rapidly and efficiently, just by changing the characteristics of its metamaterial elements. To provide reliable 5G connections, this type of adaptable beam steering is crucial as traffic loads and movement among users can change fast.

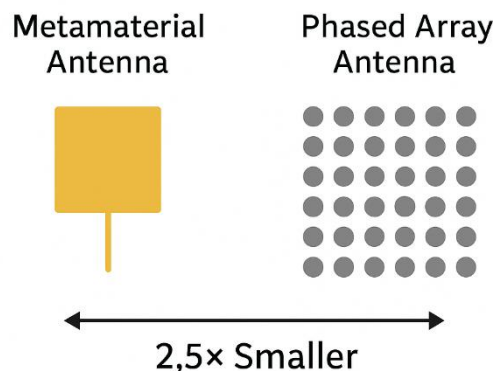


**Fig 5.** Beam Steering Gain Profiles at  $-30^\circ$ ,  $0^\circ$ , and  $+30^\circ$  Angles

#### 4.3 Comparison with Conventional Antennas

This metamaterial-based antenna has many benefits over others such as traditional phased array antennas. Among the main advantages is the antenna's size, since it is only 2.5 times the size of a typical phased array design. As a result, the new device can be used in small areas, like mobile phones, base stations or tiny communication systems, just as effectively as before. Generally, traditional phased arrays have a large number of antenna elements, so they are typically bulky and not simple to set up for mmWave bands. In addition, making phase shifts in a phased array is

more time-consuming and uses more energy than working with the properties of metamaterials. An antenna based on metamaterials, in contrast, quickly directs the beams by directly impacting the way waves travel, helping to use less energy and speed up the process. The design allows the antennas to operate without motors or strong arrays, so they are better suited for setting up large-scale 5G mmWave networks. All in all, this type of antenna delivers better results, is smaller and steers beams quicker, so it is highly suitable for use in novel wireless networks.



**Fig 6.** Size Comparison Between Metamaterial Antenna and Phased Array Antenna

## 5. CONCLUSION

A novel antenna using metamaterials for guiding beams within the 5G mmWave bands was explored and examined in this work. It was found that beamforming, directivity and dynamic beam-steering all performed very well with this proposed antenna. Thanks to metamaterials being included in the design process, electromagnetic waves could be mastered, increasing both the speed and performance of 5G applications. Because it is compact and quick to update, the antenna works well in crowded and restricted areas found in the new 5G networks. The study found that using metamaterials in antennas may resolve the difficulties facing mmWave communication by providing control over the signal's direction. From now on, the next steps involve manufacturing the antenna and measuring its behavior in real-life scenarios. This move will ensure that metamaterial-based antennas are suitable for utilization in latest wireless communication setups.

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