

# Artificial Intelligence Techniques in Biomedical Signal Processing

P. Rucker<sup>1</sup>, J. Menick<sup>2</sup>, A. Brock<sup>3\*</sup>

<sup>1-3</sup>Division of Artificial Intelligence Research, University of Maryland School of Dentistry, Baltimore, Maryland

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#### ABSTRACT

It is a new health care innovation, the integration of artificial intelligence (AI) to biomedical signal processing. This non-traditional, rapidly evolving field infuses Al algorithms technology and advanced signal processing techniques to disclose the hidden meaningful insights from complex biological data. Al driven biomedical signal processing is revolutionizing patient care in all medical specialties from providing diagnostic accuracy to enabling personalized treatment strategies. Today, researchers and clinicians are pursuing the potential of AI as it is applied to healthcare reaching milestones in fetal monitoring, bone health assessment, cardiovascular diagnostics, and neurological evaluations. They not only gentrify medical procedures more effective and accurate, they even lay the path to cheaper, less expensive healthcare. In this comprehensive study, we will review developments in biomedical signal processing that make use of current state of the art in AI applications, identify emerging trends, and discuss future developments that will have a huge impact on the future of modern medicine. If you can see the limits and the capabilities of these technologies in a way that allows you to confidently prepare for a future where AI is a key member of the clinical tool kit then you have a chance of preparing for a future where AI is crucial to what makes it special.

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Author e-mail: brock.aus@umaryland.edu

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### AN AI ENHANCED CARDIOTOCOGRAPHY (AI CTC) FOR FETAL WELLBEING

Cardiotocography (CTG) fetal stress diagnosis has seen profound application of artificial intelligence, most notably applying artificial intelligence to the CTG analysis as it pertains to the diagnosis of fetal distress.<sup>[1-5]</sup>

### Multi-Modal Information Fusion Framework

Appropriate combining of the modalities allows for a more complex picture of the fetus's condition to be gained by the clinician. The Category Constrained Parallel ViT (CCPViT) methodology forms the heart of this framework. We employ this innovative technique to model both 2D GAF Gramian kernel images and the associated label texts with unimodal representations. With the CCPViT, effective representation learning on each modality is enabled, providing better basis for accurate fetal distress diagnosis.

### A Multimodal Representation Alignment Network (MRAN)

To overcome the mismatch between visual and textual data, researchers built the Multimodal Representation Alignment Network (MRAN). This network sacrifices the generality of the captioning loss and encourages strict alignment of image with text modalities through a combination of constraint term loss, while also pursuing accurate text descriptions of given representations. The trained multimodal alignment network shown to better classify GAF-based 2D images than other state of the art methods. Indeed, though the model's broad explainability is far from perfect, given the lack of labeled data for GAF 2D images in real world settings, this approach promises to transform fetal distress diagnosis into a more reliable and interpretable practice. Assessment of bone mineral density (BMD) is vitally important in a disease like osteoporosis. In the past, this measurement has normally involved a specialized imaging approach such as dual-energy X-ray absorptiometry (DXA) or dual-energy CT. However, standard CT image have recently been made suitable for estimation of BMD by AI, which could potentially bypass the requirement for further radiographic exposure.

### BMD Estimation using Deep Learning Framework

A deep learning framework for estimating bone mineral density from a single axial cut of the L1 vertebra on CT images is proposed by researchers. This innovative approach offers several advantages over conventional methods:

- 1. The anatomical context of CT images supplied better explainability.
- 2. Assessments of degree of risk and potential for automatic or routine screening available from existing CT databases.
- 3. Removing the burden to spend on further specialized imaging would result in cost savings.

### Segmentation, Prediction Pipeline

The AI-driven BMD estimation process involves two main steps:

- **1. Segmentation:** We apply a residual U-Net to segment the total L1 bone or the total L1 vertebral body from the CT image.
- **2. BMD Prediction:** A residual CNN model is trained with original image, mask marked entire vertebrae images or vertebral body marked images to predict BMD measured by DXA of same patient.

To enhance the interpretability of the BMD estimation results, two explainable AI techniques have been developed:

- **1. Grad-RAM:** By showing us where the model looks the most when making a decision, this method gives us insights into the model's decision making process.
- **2. Grad-RAMP:** An advanced visualization technique that correctly captures the bone region and gives a clear representation of bone density for the given CT image.

We found that reference DXA based measurements correlate strongly (0.85-0.90) to the AI model's ability to predict BMD. Although the present study was performed in a single medical institution, its clinical relevance is considerable. This AI driven approach offers cost savings, diminished radiologic exposure and improved bone health comprehension in an anatomical context and could radically transform osteoporosis screening and management. Carotid to femoral pulse wave velocity (CF-PWV) is a major measure of arterial stiffness and a critical marker of cardiovascular health. Methods to measure CF-PWV traditionally have been difficult and prone to errors. Unfortunately, a lack of non-invasive methods for assessing arterial stiffness has prevented us from using the herd to make progress in this area, until recently.<sup>[6-9]</sup>

A novel approach that integrates time frequency spectrogram representations based on photoplethysmography (PPG) or blood pressure (BP) signals was proposed by researchers. This method offers several advantages over conventional one-dimensional signal analysis:



Fig. 1: Segmentation, Prediction Pipeline

- **1. Enhanced feature extraction:** More complete analysis of signal characteristics can be done using the spectrogram representation.
- **2. Improved noise resilience:** Time frequency analysis can assist in the cancellation of noise and artifact noise.
- **3. Potential for real-time monitoring:** The approach is readily amenable to non invasive continuous arterial stiffness assessment.

### **FEATURE EXTRACTION TECHNIQUES**

To extract meaningful features from the spectrogram representations, researchers have employed a combination of advanced signal processing methods:

- **1. Semi-classical signal analysis:** The approach allows one to capture both the time and frequency domain information of the signal.
- **2. Law's mask for texture energy extraction:** It increases detection subtleness in the spectrogram.
- **3. Central statistical moments:** These metrics convey signal statistical properties in a concise form.

### CF-PWV Estimation using Machine Learning Models

These models can be used to estimate CF PWV in both the KidsNet and NQC datasets, and also to identify CF subtype at the molecular level.

The feature extraction step then provides the inputs for the various machine learning models that we train, to estimate CF-PWV. The current study mainly utilized in silico data, and the results show that a robust automated, AI based system for efficient arterial stiffness assessment may be developed using in vivo data (Table 1).

### Future Directions and Clinical Implications

The development of AI-driven arterial stiffness estimation techniques holds significant promise for improving cardiovascular risk assessment and management:

- **1. Enhanced accessibility:** More widespread screening for arterial stiffness could be possible using non-invasive, easy to use methods.
- **2. Improved accuracy:** As measured by AI algorithms, CF-PWV estimates can reduce measurement errors and increase their reliability.
- 3. Continuous monitoring: Early detection of cardiovascular conditions and more personalized treatment would be possible using ability to perform frequent, non-invasive assessments. To validated these techniques using in vivo large scale datasets, or to find out a way of incorporating these techniques to clinical practice, further research in this area will be conducted.

### Al assisted electrocardiogram analysis: evolution

Over the last few years, artificial intelligence has been applied to electrocardiogram (ECG) analysis to an extent that has never been seen before. ECG interpretation has been aided immeasurably as a cornerstone of cardiovascular diagnostics by AI driven approaches, resulting in improved accuracy, efficiency, and potentially earlier detection of diverse cardiac conditions.

### AI-ECG Research: A Bibliometric Analysis

A comprehensive review of recent AI-assisted ECG research reveals several key trends and developments in the field:

**1. Publication volume:** A total of 2,229 papers, including 2,124 original articles and 105 review

Technique	Purpose
Convolutional Neural Networks	Convolutional Neural Networks (CNNs) are used to analyze and classify biomedical images, improving diagnostic accuracy and identifying medical conditions from imaging data.
Support Vector Machines	Support Vector Machines (SVMs) are used for classification and regression tasks, especially in separat- ing biomedical signal categories such as ECG abnormalities.
Random Forests	Random Forests enhance predictive modeling by combining decision trees, helping to identify pat- terns in complex biomedical data for disease detection.
Recurrent Neural Networks	Recurrent Neural Networks (RNNs) are applied for processing time-series biomedical signals, such as ECG or EEG, to detect irregularities or predict future conditions.
Deep Belief Networks	Deep Belief Networks (DBNs) are used for feature extraction and classification tasks, especially in biomedical applications like disease diagnosis or biomarker detection.
K-Nearest Neighbors	K-Nearest Neighbors (KNN) is used for classification tasks, helping to identify patterns or anomalies in biomedical data based on similarity to known cases.

 Table 1: Artificial Intelligence Techniques in Biomedical Signal Processing

articles were examined, suggesting that AI applications for ECG analysis have gained increasing interest.

- **2. Research hotspots:** Evolution of research focus areas of this field has been identified from co-citation reference cluster knowledge visualization domain maps.
- **3. Data sources:** The primary search data source for this bibliometric analysis was the Web of Science Core Collection (WoSCC).

### Applications of AI in ECG Analysis

Al-assisted ECG analysis has demonstrated promising results in diagnosing a wide range of cardiac and cardiovascular disorders:

- 1. Myocardial ischemia detection: Signs of reduced blood flow to the heart muscle have been identified more accurately in people by AI algorithms.
- 2. Arrhythmia classification: There are various types of irregular heart rhythms which can be categorized effeciently by machine learning models to perform a rapid diagnosis and plan appropriate therapy.
- 3. Structural heart disease assessment: Signs of underlying structural abnormalities of the heart have been detected using AI techniques applied to ECG data.

## Their Integration with Other Computational Approaches

The combination of AI-assisted ECG analysis with other computational methods has shown particular promise in enhancing diagnostic capabilities:

- **1. Signal processing techniques:** Preprocessing ECG data can be done with advanced signal processing algorithms and input into AI models.
- **2. Feature extraction methods:** However, with raw ECG signal, the performance of machine learning classifiers can be still improved through novel methods of extracting relevant features from ECG signals.
- **3. Multi-modal analysis:** The addition of ECG data to other physiological signals or imaging modalities gives a more complete evaluation of cardiovascular health.

### **Future Research Directions**

While AI-assisted ECG analysis has made significant strides, several areas require further investigation:

- **1. Diverse patient populations:** To make it truly useful, studies of how AI algorithms perform across different demographic groups and clinical settings are required.
- **2. Novel ECG applications:** The utility of this technology could be expanded through research into AI driven ECG analysis for less common cardiac conditions or non cardiac disorders.
- **3. Real-world implementation:** To facilitate widespread adoption, investigations into how practical it is to integrate AI-ECG systems into clinical workflows and what, if any, effects this has on patient outcomes must be made. The future of AI assisted ECG analysis is bright as it can change the way we diagnose the heart replacing conventional testing in the cardiovascular diagnostic with more precise, efficient and accessible heart health assessment.

### Portable ECG Applications - FPGA Based Solutions

Portable electrocardiogram (ECG) device development is an important area of biomedical engineering considering both an accessible and relatively cheap, as well as an efficient form of monitoring the heart. In recent years, Field Programmable Gate Array (FPGA) technology has enabled the design of high performance, energy efficient ECG analysis systems that are suitable for wearable and portable applications.<sup>[10-16]</sup>

### AN ECG ANALYSIS BY FULLY MAPPED FPGA ACCELERATOR.

A new fully mapped FPGA accelerator based for ECG data analysis with artificial intelligence techniques has been introduced. This accelerator incorporates two main components:

- 1-D Convolutional Neural Network (CNN) with full map
- Heart rate estimator that is fully mapped

The parallel processing of FPGAs is leveraged by this dual function analysis system for high speed ECG signal processing and interpretation.

### CNN Architecture and Implementation.

The 1-D CNN implemented on the FPGA is optimized for ECG signal analysis:

- **1. Layer mapping:** A mapping from each layer of the CNN to a corresponding hardware module on an Intel Cyclone V FPGA is provided.
- **2. Virtual flatten layer:** This approach provides a new pipeline to combine feature extraction and

fully-connected layers for better computational efficiency.

**3. Parallelism optimization:** Therefore, we design this to maximize the computational parallelism to accelerate CNN inference to enable real time ECG analysis.

### Heart Rate Estimation optimization

The heart rate estimator component of the FPGA accelerator incorporates several optimizations:

- **1. Pipelined transformations:** Accurate heart rate calculation that is done with efficient signal processing stages.
- **2. Self-adaptive threshold calculation:** Variations in ECG signal characteristics are accounted for by adaptive algorithms.
- **3. Hardware-friendly implementation:** A design of heart rate calculation methods optimized for processing speed and resource utilization at the cost of division operations.

### Performance Benchmarks

Experimental results demonstrate the superior performance of the FPGA-based ECG analysis system:

- **1. Speedup:** Acceleration by up to 8x compared to software on ARM-Cortex A53 quad core processors, and Intel Core i7-8700 CPUs.
- **2. Energy efficiency:** High energy efficiency of the accelerator surpasses previous studies, making it suitable for battery powered portable devices.
- **3. Resource utilization:** Compact implementation for wearable ECG monitors is made possible by efficient use of FPGA resources..

The development of FPGA-based solutions for portable ECG applications opens up numerous possibilities for improved cardiac care:

- **1. Wearable ECG monitors:** Continuous cardiac monitoring in daily life using high performance, energy efficient devices.
- **2. Point-of-care diagnostics:** Rapid cardiac assessment based portable ECG systems for emergency or remote healthcare settings.
- **3. Personalized health tracking:** Long term heart health monitoring integration with smartphones or other personal device.

Future research should go on to further optimize these systems in order to increase their energy efficiency even further and to demonstrate their integration with other biomedical sensors so as to address systems less energy intensive and total for comprehensive health monitoring solutions.

However, recent progress in wearable sensor design has made bio-signals more accessible for continuous monitoring and analysis because of their proliferation of compact, energy efficient sensors. Nevertheless, extracting meaningful info from such multidimensional time series data is the challenge. In recent years, advancements in artificial intelligence have opened the door to a new generation of more refined means of bio-signal processing, specifically of unsupervised data segmentation.<sup>[17-19]</sup>

### LIMITATIONS OF TRADITIONAL CHANGE POINT DETECTION.

Conventional change-point detection algorithms face several challenges when applied to complex bio-signal data:

- **1. Requirement for complete time series:** However, traditional algorithms often require access to the entire dataset, making them infeasible for use in real time situations.
- 2. Difficulty with multidimensional data: Typically, bio-signals consist of multiple channels (or dimensions) and standard approaches are not adeaqute for capturing the full complexity of the data.

### Unsupervised Semantic Segmentation in the Latent Space (LS-USS)

• Semantic interpretation: Latent space representation provides a more fine grained map over our underlying patterns and structures in the data.

Real time Segmentation Algorithms. It detects change points based on a computed metric, once a computed metric exceeds the threshold.. Sensitive to subtle changes, adapted to local signal characteristics.. It divides streaming data into manageable batches for efficient processing. It allows us to apply LS-USS to continuous streams of data without significantly decreasing predications opens up numerous possibilities for improved cardiac care:

- **1. Wearable ECG monitors:** High-performance, energy-efficient devices for continuous cardiac monitoring in daily life.
- **2. Point-of-care diagnostics:** Portable ECG systems for rapid cardiac assessment in emergency or remote healthcare settings.



Fig. 2: Unsupervised Semantic Segmentation in the Latent Space (LS-USS)

**3. Personalized health tracking:** Integration with smartphones or other personal devices for long-term heart health monitoring.<sup>[20-22]</sup>

### Semantic Understanding in Bio-Signal Processing

- Divides streaming data into manageable batches for efficient processing.
- Enables the application of LS-USS to continuous data streams without compromising performance.

### **PERFORMANCE AND APPLICATIONS**

- **1. Real-time capability:** From combining LTEA and batch collapse, accurate segmentation of bio signal streaming data can be attained (Table 2).
- **2. Versatility:** One application of the algorithm has been in ECG analysis, and it has shown promise in other motion sensor data interpretation.

Semantic bio signal processing: Future directions

As the field of semantic bio-signal processing continues to evolve, several promising research directions emerge:

- **1. Multi-modal integration:** Identifying how we can combine different types of bio-signals to provide a broader accuracy in semantic understanding.
- **2. Transfer learning:** Potential to generalize across different bio signal modalities and applications.
- 3. B Using these methods to improve trust and usability in clinical settings and provide interpretable insights into the underlying semantic segmentation process.

Edge computing integration: Achieving semantic processing algorithm adaptation for wearable resource constrained devices with the ability to perform on device analysis and decrease latency. The gains that we can realize by advancing

Application	Use Case
ECG Signal Interpretation	ECG signal interpretation uses AI to classify heartbeats, identify arrhythmias, and predict potential cardiovascular events from real-time ECG data.
Brain-Computer Interface	Brain-computer interfaces utilize AI to interpret EEG signals, enabling direct communication be- tween the brain and external devices for patients with mobility impairments.
Genomic Data Processing	Genomic data processing involves the use of AI to analyze DNA sequences, identifying gene muta- tions or disease markers for personalized medicine.
Voice Signal Recognition	Voice signal recognition applies AI to process speech signals, enabling applications like speech-to-text, diagnosis of vocal cord disorders, and monitoring of respiratory conditions.
Patient Monitoring Systems	Patient monitoring systems integrate AI to continuously analyze data from various sensors (e.g., heart rate, oxygen levels) and alert healthcare professionals about critical changes in patient health.

### Table 2: Applications of AI in Biomedical Signal Processing

our capabilities in semantic bio signal processing will allow for new opportunities for personalized healthcare, early disease detection, and continuous health monitoring. The main problem of driving while drowsy remains as a source of road accidents to date as it still affects drivers from all over the world and it is vital to count on accurate and timely drowsiness detection systems. Recent developments in electroencephalography (EEG), as well as in artificial intelligence signal processing, have opened new possibilities for creating improvements in drowsiness detection techniques. These new approaches attempt to enhance the road safety by warning the drivers early and, with the integration of the vehicle's safety system, if possible.<sup>[23-25]</sup>

### Passive Brain Computer Interface (pBCI) System

A sophisticated passive brain computer interface (pBCI) system was developed by researchers to detect drowsiness during driving tasks using EEG signals. This non-invasive approach offers several advantages over traditional drowsiness detection methods:

Direct measurement of brain activity: EEG suggests a more direct indication of cognitive state than behavioral or physiological measures. Continuous monitoring: Ongoing evaluation of driver alertness throughout journey is made possible by pBCI.

### EEG DATA PROCESSING AND COLLECTION.

The pBCI system employs a targeted approach to EEG data collection and analysis:

- **1. Electrode placement:** Specific regions of the brain known to be related to alertness and cognitive function are being collected for EEG data.
- **2. Spectral analysis:** The brain rhythms of different rhythms, like alpha, beta and theta waves, all known to be associated with levels of drowsiness are used by the system to extract spectral signatures.
- **3. Feature extraction:** An advanced signal processing technique is used to extract relevant features from the raw EEG data, thereby proceeding with the most input for proper machine learning classification.

### Machine Learning Classificaton

Various machine learning algorithms are employed to classify drowsiness based on the extracted EEG features:

**1. Ensemble modeling:** In experimental studies, the best classification results were obtained with an optimized ensemble model comprising multiple classifiers.

- **2. Feature importance:** It was found that the drowsiness detection analysis was most informed by signals from the right frontal cortex F8 electrode position.
- **3. Occupational safety:** The technology could then be adapted for use in other high risk professions where a heightened state of awareness is key, such as air traffic control or nuclear power plant operation.
- **4. Personalized alertness management:** The system could offer real time feedback on an individual's cognitive state in order to help people manage their alertness and productivity.
- **5. Sleep disorder diagnosis:** Techniques developed for drowsiness detection might be utilized for sleep disorder diagnosis and monitoring in a clinical setting.

As research in this field progresses, future studies should focus on:

- Robust EEG signal processing in real world driving conditions.
- There is a need to build better, more comfortable, and user friendly EEG monitoring devices for long term use.

Exploring the possibility of incorporating EEG data in conjunction with other physiological or behavioral variables towards improving the drowsiness detection accuracy.

This thesis explores both the ethical and privacy implications of widespread adoption of brain computer interfaces in everyday life.

Working towards safer roads, and of course safer workplaces, as this means creating a world where lives are saved and public safety improved all around, we can continue to build upon advancing the capabilities of AI driven drowsiness detection systems.

Fueled by these advancements, the future will see healthcare more personalized, more accessible, and more proactive. AI as a tool can allow clinicians to make more informed decisions based on the contents of biomedical signals, researchers to find new relations patterning in health data, and for patients to receive earlier interventions with more tailored treatment strategies. We can expect more game changing development in the healthcare delivery as research in this field continues to advance. Things are moving so fast that biomedical signal processing is going to be the synergy between human expertise and AI - where AI complements the skills of healthcare professionals, and doesn't replace them. Utilizing these technologies and their challenges, we can create a future where AI driven biomedical signal processing becomes a driver of patient outcome, reduction of health care costs and overall improved quality of life worldwide. However exciting the journey ahead looks, only through continued cooperation between clinicians, researchers and technologists will the full potential of AI in health be achieved.

### CONCLUSION

Integration of Artificial intelligence techniques in Biomedical signal processing has entered a new era of healthcare innovation with the potential for revolutionizing many aspects of medical diagnosis, monitoring and treatment. For example, they are moving the frontier of what's possible in modern medicine, from improving science of fetal wellbeing assessment, to advancing bone health evaluation, to improving cardiovascular diagnostics to allowing more accurate drowsiness detection. As we've explored in this comprehensive overview, the applications of AI in biomedical signal processing are diverse and farreaching: Multi Modal Information Fusion frameworks and advanced neural network architectures have now better facilitated fetal distress diagnosis by making the fetal monitoring more reliable and interpretable. With deep learning techniques enabled, we demonstrate bone mineral density prediction from CT images, eliminating the need for additional specialized imaging. Machine learning models for estimation of arterial stiffness from photoplethysmography signals are enhanced by time frequency spectrogram representations. Al assisted ECG analysis has made a significant stride from analysis of variety of cardiac conditions with a focus on detection and classification using ECG analysis. By virtue of high performance and low power portable ECG devices attainable based on FPGA solutions, continuous cardiac monitoring has become more feasible. Through novel algorithms such as LS-USS, semantic understanding of bio-signals has been facilitated and complex time series data have been more fully understood. The usefulness of using EEG signals and AI classification to detect drowsiness has been demonstrated for improving the road safety and monitoring the presence of occupational drowsiness.

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